

# LEMON BALM



**Perennial:** Grows for at least two seasons, will spread

## Planting & Growing

Recommend starting from:



Seed



Seedling



Full sun or partial shade



Drought tolerant



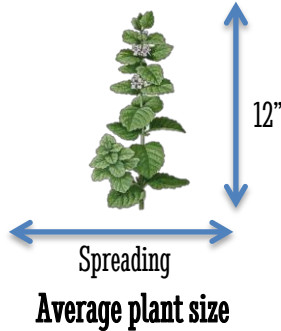
Plant inside or outside garden box



Plant 12 inches apart

## Harvesting

**Germination time:**  
14-21 days



Average plant size

**Ready to harvest when:**

Many branches have formed, full of leaves

**Average time to first harvest:**  
1 week from seedling



**How to harvest:**  
Cut desired amount

**Common pests and diseases:**



Snails



Slugs

## Eating & Storing



Tea



Refrigerate

## Planting & Harvesting Schedule

Sow seeds											
J	F	M	A	M	J	J	A	S	O	N	D
Plant seedlings in ground											
Harvest months											



For more information, visit  
[www.cityslickerfarms.org](http://www.cityslickerfarms.org)