

CHARD



Suggested Varieties: Italian Silver Rib, Bright Lights, Scarlet Charlotte, Ruby Red

Annual: Grows for only one season

Planting & Growing

Recommend starting from:



Seed



Seedling



Full sun or partial shade



Regular
18 gal./week per box



Plant inside garden box



Plant 6 inches apart

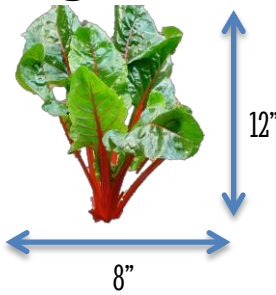
Harvesting

Average time in ground:

52 weeks

Germination time:

10-20 days



Average plant size

Ready to harvest when:

Leaves are at least 6" long

Average time to first harvest:
4 weeks from seedling



How to harvest:
Cut full size leaves from outside

Common pests and diseases:



Aphids



Leaf miner



Slugs

Eating & Storing



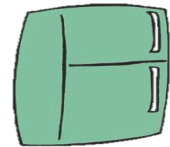
Steam



Sauté



Smoothie



Refrigerate

Planting & Harvesting Schedule

J	F	M	A	M	J	J	A	S	O	N	D

Sow seeds

Plant seedlings in ground

Harvest months



For more information, visit
www.cityslickerfarms.org