

ARTICHOKE



Suggested Varieties: Imperial Star

Perennial: Grows for at least two seasons

Planting & Growing

Recommend starting from:



Seed



Seedling



Full sun



Drought tolerant



Plant outside garden box



Plant 3-4 feet apart

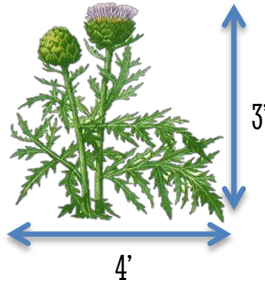
Harvesting

Average time in ground:

24 months

Germination time:

7-14 days



Average plant size

Ready to harvest when:

Heads still closed; stem soft

Average time to first harvest:
18 months from seedling



How to harvest:

Cut off 1-2 inches of stem with head

Common pests and diseases:



Aphids

Eating & Storing



Steam



Soup



Salad



Sauté



Store in paper bag



Refrigerate

Planting & Harvesting Schedule

J F M			A M J J A					S O N D				

Sow seeds

Plant seedlings in ground

Harvest months



For more information, visit www.cityslickerfarms.org